

The New Jersey Association for Health, Physical Education, Recreation and Dance (NJAHPERD) invites you to **Ride the Wave of Change!** and join us down the shore for the 93rd Annual Convention! This is the premiere event for content-specific professional development for Health, Physical Education, Recreation, and Dance professionals!

The Convention will be held on Sunday, Monday and Tuesday, **March 4-6, 2012**, at the Ocean Place Resort & Spa in Long Branch. The site is directly on the beach, has easy access from the Garden State Parkway, and is surrounded by shops and restaurants within walking distance.

Sunday **Pre-Convention** sessions include "An Introduction to Adventure in Physical Education" presented by Project Adventure and Physical Best/Fitnessgram Training offered in collaboration with the NJDOE.

Our **keynote speaker** is Jean Blaydes. Jean is an internationally known educational consultant, speaker, and author on the subject of how brain research supports the link of movement to enhanced learning. Convention attendees are encouraged to invite their school principal/administrator to attend the keynote as a guest of NJAHPERD for Jean's presentation, "**How Brain Research Links Movement to Learning."**

Breakout session topics include lifetime sports and activities, fitness education, technology, dance, health, inclusion, and many others to provide you with 21st Century resources. Teachers of the Year from the Elementary, Middle and High School levels will share their expertise and will motivate you to return to your students with new ideas to promote lifetime wellness.

The **Exhibitors** promise to offer the most current products and services available. You will have an opportunity to purchase equipment at discounted prices and participate in the Grande Finale Event. Thousands of dollars worth of equipment for your school's program will be raffled. You must be present to win!

NJAHPERD is committed to providing the most current, quality professional development to improve health, physical education and wellness programs in our schools. Come to the Jersey Shore on March 4, 5 and 6, 2012 and participate in this exciting professional development experience and leave with new tools to help you improve the quality of your health and physical education program and your teaching effectiveness.

Please visit www.NJAHPERD.org for a complete listing of session descriptions, fees, exhibitors, special events and registration or contact the NJAHPERD office at 732-918-9999 email: njahperd@verizon.net